

Matthewb

grams	pounds	ounces
10	0	0
20	0	0
30	0	1
40	0	1
50	0	1
60	0	2
70	0	2
80	0	2
90	0	3
100	0	3
110	0	3
120	0	4
130	0	4
140	0	4
150	0	5
160	0	5
170	0	5
180	0	6
190	0	6
200	0	7
210	0	7
220	0	7
230	0	8
240	0	8
250	0	8
260	0	9
270	0	9
280	0	9
290	0	10
300	0	10
310	0	10
320	0	11
330	0	11

grams to pounds and ounces

grams	pounds	ounces
340	0	11
350	0	12
360	0	12
370	0	13
380	0	13
390	0	13
400	0	14
410	0	14
420	0	14
430	0	15
440	0	15
450	0	15
460	1	0
470	1	0
480	1	0
490	1	1
500	1	1
510	1	1
520	1	2
530	1	2
540	1	3
550	1	3
560	1	3
570	1	4
580	1	4
590	1	4
600	1	5
610	1	5
620	1	5
630	1	6
640	1	6
650	1	6
660	1	7

Unit Conversion

grams	pounds	ounces
670	1	7
680	1	7
690	1	8
700	1	8
710	1	9
720	1	9
730	1	9
740	1	10
750	1	10
760	1	10
770	1	11
780	1	11
790	1	11
800	1	12
810	1	12
820	1	12
830	1	13
840	1	13
850	1	13
860	1	14
870	1	14
880	1	15
890	1	15
900	1	15
910	2	0
920	2	0
930	2	0
940	2	1
950	2	1
960	2	1
970	2	2
980	2	2
990	2	2
1000	2	3